An object of the invention is to provide an equol-containing fermented soybean hypocotyl material that is useful for foods, pharmaceutical preparations, cosmetic products, etc.

The equol-containing fermented soybean hypocotyl material of the invention is obtained by fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound selected from the group consisting of daidzein glycosides, daidzein, and dihydrodaidzein.
The present invention relates to fermented soybean hypocotyl containing equol and a method of producing the same.

Background Art

Isoflavones (soybean isoflavones: daidzein, genistein, glycitein) contained in soybeans have structures similar to estradiol, and have anti-estrogen actions associated with binding to estrogen receptors (hereinafter referred to as ER) and estrogen-like actions. The epidemiological studies and intervention studies of soybean isoflavones that have been done before suggest their preventive effects due to their anti-estrogen actions on breast cancer, prostate cancer and other hormone-dependent cancers and improving effects due to estrogen-like actions on menopausal disorders, postmenopausal osteoporosis and hyperlipidemia.

Recently, it has been pointed out that the active principle of the physiological effects of these soybean isoflavones may be a metabolite of daidzein, equol. More specifically, it has been reported that equol has an ability to bind to ER (especially to ERβ) greater than soybean isoflavones and that it has remarkably high transition capability to target organs such as breast and prostate tissues. Moreover, a case-control study reports that there are significantly less patients who produce equol in the patients of breast cancer and prostate cancer. The effects of soybean isoflavones to improve the bone density and lipid metabolism were examined regarding postmenopausal women categorized into two groups: those who produce equol and those who do not. A significant improvement in those who produce equol was observed.

Equol is produced by metabolism of daidzein by enteric bacteria. The abilities to produce equol vary between individuals, and the percentage of Japanese who produce equol production is reportedly about 50%. That is, about 50% of Japanese are not able to produce equol (non-equol-producing individuals). Such an individual cannot enjoy useful physiological benefits based on the action of equol even if they ingest soybeans and processed soybean foods. Therefore, in order to attain useful physiological benefits based on the action of equol in a non-equol-producing individual, ingesting equol itself is thought to be effective.

A known method of producing equol is subjecting a raw material containing daidzein compounds to fermentation treatment by microorganisms (hereinafter referred to as equol-producing bacteria) which metabolize daidzein to produce equol. Known starting materials containing daidzein for use in this production method include soybeans, Ge Gen Tang (Chinese traditional medicine, also known as Kakkonto), red globe grapes, alfalfa or others. Moreover, equol-producing bacteria are already known. For example, bacteroides E-23-15 (FERM BP-6435), streptococcus E-23-17 (FERM BP-6436), streptococcus A6G225 (FERM BP-6437) and lactococcus 20-92 (FERM BP-10036) have been isolated from human excrement by the inventors of the present invention (refer to patent documents 1 and 2).

However, simply subjecting the above-mentioned starting materials containing daidzein compounds to fermentation treatment by using equol-producing bacteria cannot yield sufficient amount of equol in the fermented product, and there has been the problem that desired useful benefits based on the action of equol cannot be sufficiently expected by ingesting the fermented product as it is.

In contrast, the hypocotyl portions of soybeans have been known to contain isoflavones, saponins and other useful components in a proportion higher than in the cotyledon portions which are used as processed soybean foods, and various uses have been developed for its extract (e.g., patent document 3). However, soybean hypocotyl extract itself is disadvantageously expensive. Moreover, when the soybean hypocotyl extract is used as a starting material for producing equol, addition of other nutrients are necessary to allow fermentation by equol-producing bacteria, which can be another problem. For these reasons, the soybean hypocotyl extract cannot be currently used as a starting material for industrially producing equol.

Meanwhile, since the soybean hypocotyl itself has a characteristic bitterness, there is a trend to avoid using the substance itself as it is, and much of the soybean hypocotyl is currently disposed. Furthermore, likewise soybean cotyledon portions, soybean hypocotyls contain allergens, therefore the soybean hypocotyl could not be taken by or administer to people suffering from soybean allergy. Therefore, to effectively utilize the soybean hypocotyl itself, it is important to impart added values to increase its usefulness.

Disclosure of the invention

Problems to be solved by the invention

[0009] An object of the invention is to provide an equol-containing fermented soybean hypocotyl material that is useful for foods, pharmaceutical preparations, cosmetic products, etc. Another object of the invention is to provide a method for producing an equol-containing fermented soybean hypocotyl material.

Means for solving the problem

[0010] The present inventors conducted intensive research to achieve the above objects and found that an equol-containing fermented soybean hypocotyl material can be obtained very efficiently by fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound. The present inventors also found that the thus-obtained equol-containing fermented soybean hypocotyl material is useful as an allergen-reduced material, because the allergens contained in the soybean hypocotyl are reduced. The present invention has been accomplished based on these findings.

[0011] In other words, the present invention provides equol-containing fermented soybean hypocotyl materials and uses thereof as below:

Item 1: An equol-containing fermented soybean hypocotyl material obtained by fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound selected from the group consisting of diadzein glycosides, daidzein, and dihydrodaidzein.

Item 2: A fermented soybean hypocotyl material according to Item 1, wherein said at least one microorganism is a lactic acid bacterium of the genus Lactococcus.

Item 3: A fermented soybean hypocotyl material according to Item 1, wherein said at least one microorganism belongs to Lactococcus garvieae.

Item 4: A fermented soybean hypocotyl material according to Item 1, which contains 0.1 to 20 wt% of equol per total weight of dry fermented soybean hypocotyl material.

Item 5: A fermented soybean hypocotyl material according to Item 1, which further contains daidzin compounds, genistin compounds, genistei compounds, glyciti compounds and glycitei compounds.

Item 6: A fermented soybean hypocotyl material according to Item 1, which further contains ornithine.

Item 7: A food containing a fermented soybean hypocotyl material of Item 1.

Item 8: A food according to Item 7, which is a dietary supplement.

Item 9: A food according to Item 7, which contains 0.1 to 90 g of the fermented soybean hypocotyl material per 100 g of the food.

Item 10: A pharmaceutical preparation containing a fermented soybean hypocotyl material of Item 1.

Item 11: A pharmaceutical preparation according to Item 10, which is used for preventing or treating menopausal disorders, osteoporosis, prostatic hypertrophy, or metabolic syndrome.

Item 12: A pharmaceutical preparation according to Item 10, which is used for lowering the blood cholesterol level.

Item 13: Use of a fermented soybean hypocotyl material of Item 1 for producing preparations for preventing or treating menopausal disorders, osteoporosis, prostatic hypertrophy, or metabolic syndrome.

Item 14: Use of a fermented soybean hypocotyl material of Item 1 for producing preparations for lowering the blood cholesterol level.

Item 15: A method for treating menopausal disorders comprising the step of administering an effective amount of a fermented soybean hypocotyl material of Item 1 to a patient suffering from menopausal disorders.

Item 16: A method for lowering the blood cholesterol level comprising the step of administering an effective amount of a fermented soybean hypocotyl material of Item 1 to a patient who is in need of lowering the blood cholesterol level.

Item 17: A cosmetic product containing the fermented soybean hypocotyl material of Item 1.

Item 18: A cosmetic product according to Item 17, which contains 0.1 to 10 g of the fermented soybean hypocotyl material per 100 g of the cosmetic product.

The present invention also provides a method for producing an equol-containing fermented soybean hypocotyl material as below:

Item 19: A method for producing an equol-containing fermented soybean hypocotyl material comprising the step of fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound selected from the group consisting of diadzein glycosides, daidzein, and dihydrodaidzein.
Effects of the Invention

[0012] The fermented soybean hypocotyl material of the invention contains equol and other active ingredients, such as isoflavones and saponins, and can thereby find a variety of applications in the food, pharmaceutical, cosmetic and other fields. The fermented soybean hypocotyl material of the invention, in particular, has a significantly higher equol content than those of the materials obtained by fermenting a raw material containing daidzein compounds such as soybean, Ge Gen Tang (Chinese traditional medicine, also known as Kakkonto), red globe grapes, alfalfa, and the like, and can thereby attain much superior equol-derived active physiological effects.

[0013] Furthermore, because the thus-obtained fermented soybean hypocotyl material is reduced in the amount of the allergens inherently contained in soybean hypocotyls, it can be safely taken by or administered to people suffering from soybean allergy. Moreover, the fermented soybean hypocotyl material of the invention is made from soybean hypocotyls that are discarded during soybean food processing, and therefore has high industrial potential in terms of effective use of resources.

Brief Description of the Drawings

[0014] Fig. 1 shows the equol concentrations of the fermented liquids obtained in Examples 1 to 3. Fig. 2 shows the detection results of total proteins contained in the fermented soybean hypocotyl material of Example 1, soybean cotyledons, and soybean hypocotyls (electrophoretogram). Fig. 3 shows the detection results of major allergens (Gym4, Gm30K, and Gm28K) contained in the fermented soybean hypocotyl material of Example 1, soybean cotyledons, and soybean hypocotyls (electrophoretogram). Fig. 4 shows the detection results of major allergens (7S globulin mix, oleocine, and trypsin inhibitor) contained in the fermented soybean hypocotyl material of Example 1, soybean cotyledons, and soybean hypocotyls (electrophoretogram).

BEST MODE FOR CARRYING OUT THE INVENTION

[0015] Embodiments of the present invention are described below in detail.

[0016] Microorganisms having an ability to produce equol (metabolic activity) by utilizing at least one daidzein compound selected from the group consisting of daidzein glycosides, daidzein, and dihydroadizaein are used as equol-producing bacteria in the present invention. Specific examples of diadzein glycosides include daidzin, malonyldaidzin, acetyldaidzin, etc. Such microorganisms (equol-producing bacteria) are not particularly limited as long as they have equol-producing ability and are acceptable for foods, pharmaceuticals, or cosmetics. It has been revealed that microorganisms having the above-mentioned include, for example, bacteria of the genus Lactococcus, such as Lactococcus garvieae, etc.; bacteria of the genus Streptococcus, such as Streptococcus intermedius, Streptococcus constellatus, etc.; and bacteria of the genus Bacteroides such as Bacteroides ovatus. Amongst equol-producing bacteria, lactic acid bacteria belonging to the genera Lactococcus, Streptococcus, etc. are preferable; lactic acid bacteria of the genus Lactococcus are particularly preferable; and Lactococcus garvieae is particularly preferable. Bacteria having equol-producing ability can be isolated from human feces using the presence or absence of equol production as an indicator. Equol-producing bacteria isolated from human feces and identified by the present inventors, as well as others, i.e., Lactococcus 20-92 (FERM BP-10036), Streptococcus E-23-17 (FERM BP-6436), Streptococcus A6G225 (FERM BP-6437), and Bacteroides E-23-15 (FERM BP-6435) have been deposited. Such deposited bacteria can be used in the present invention. Among these, Lactococcus 20-92 is preferable.

[0017] In the present invention, soybean hypocotyls are used as a fermentation material. Soybean hypocotyls are portions that develop into plumules and radicles when the soybeans germinate, and are known to contain large amounts of daidzein compounds such as daidzein glycosides, daidzein, etc. Soybean hypocotyls for use in the present invention are not limited in origin, and may be processed or unprocessed, as long as their daidzein compound contents are not lost. Usable examples include raw soybean hypocotyls; hypocotyls separated from heated, dried, steamed or otherwise treated soybeans; materials obtained by heating, drying, steaming or otherwise treating hypocotyls separated from unprocessed soybeans. Soybean hypocotyls that have been subjected to removal of fat and/or protein are also usable in the present invention. The form of the soybean hypocotyls for use in the present invention is also not limited, and may be powdered, ground or crushed. From the viewpoint of efficient production of equol, it is preferable to use powdered soybean hypocotyls.

[0018] Such soybean hypocotyls are fermented by adding a suitable amount of water to the soybean hypocotyls to adjust the water content, and inoculating equol-producing bacteria as mentioned above.
[0020] The amount of water added to the soybean hypocotyls can be suitably selected according to the type of equol-producing bacteria, the type of fermentation tank, etc. It is usually appropriate that, at the start of fermentation, water be present with soybean hypocotyls in a proportion of 400 to 4000 parts by weight, preferably 500 to 2000 parts by weight, and more preferably 600 to 1000 parts by weight, per 100 parts by weight of soybean hypocotyls (on a dry weight basis).

[0021] In order to improve the fermentation efficiency, flavor and taste of the fermented product, etc., nutritional ingredients can be added, as necessary, to the soybean hypocotyls used as a fermentation material. Examples of usable nutritional ingredients include yeast extracts, polypeptones, meat extracts, and other nitrogen sources; glucose, sucrose, and other carbon sources; phosphate, carbonate, sulfate, and other mineral salts; vitamins; amino acids; etc. In particular, when using a microorganism having an ability to convert arginine to ornithine (hereinafter referred to as "ornithine/equol-producing microorganism") as an equol-producing microorganism, it is possible to obtain a fermented material containing ornithine by adding arginine to soybean hypocotyls and then performing fermentation. In such a case, the amount of added arginine may be, for example, about 0.5 to about 3 parts by weight per 100 parts by weight of soybean hypocotyls (on a dry weight basis). Equol-producing microorganisms having an ability to convert arginine to ornithine can be selected from Lactococcus garvieae strains, and specific examples include Lactococcus 20-92 (FERM BP-10036).

[0022] The pH of the fermentation material (starting material which is subjected to fermentation) is not limited as long as the equol-producing bacteria are viable. From the viewpoint of good proliferation of equol-producing microorganisms, it is desirable to adjust the pH of the fermentation material to about 6 to about 7, and preferably about 6.3 to about 6.8.

[0023] Isoflavones (including daidzein compounds as mentioned above) can be added to the fermentation material. Addition of isoflavone(s) to the fermentation material makes it possible to increase the equol content of the resulting fermented soybean hypocotyl material, improving the utility of the fermented soybean hypocotyl material.

[0024] The fermentation of soybean hypocotyls is performed under environmental conditions that are suitable for the growth characteristics of the equol-producing bacteria used. For example, when using the equol-producing bacteria specifically listed above, the fermentation (cultivation) is performed under anaerobic conditions.

[0025] The fermentation temperature is not limited as long as it is suitable for the growth of the equol-producing bacteria, and may be, for example, 20 to 40°C, preferably 35 to 40°C, and more preferably 36 to 38°C.

[0026] The fermentation time can be suitably selected according to the amount of equol produced, the residual amount of daidzein compounds, the type of equol-producing microorganism, etc., and it is usually 1 to 10 days, preferably 2 to 7 days, and more preferably 3 to 5 days.

[0027] Equol is produced and accumulated in the fermented soybean hypocotyl material produced by a fermentation treatment under the conditions mentioned above, and thus the fermented soybean hypocotyl material is capable of exhibiting the useful physiological activity of equol. The equol content of such a fermented soybean hypocotyl material varies depending on the equol-producing bacteria used, fermentation conditions, etc.; and equol is usually contained in an amount of 0.1 to 1 g, preferably 0.2 to 1 g, and more preferably 0.5 to 0.8 g, per 100 g, on a dry weight basis, of fermented soybean hypocotyl material.

[0028] The fermented soybean hypocotyl material contains various isoflavones other than equol, such as daidzin, malonyldaidzin, acetylmalonyldaidzin, daidzein, dihydrodaidzein, and other daidzein compounds (these components may be referred to as "daidzein compounds"); genistin, malonylgenistin, acetylgenistin, genistein, dihydrogenistein, and other genistein compounds (these components may be referred to as "genistein compounds"); glycitin, malonylglycitin, acetylglycitin, glycitein, dihydroglycitein, and other glycitein compounds (these components may be referred to as "glycitein compounds"); etc. Thus, the fermented material also exhibits the useful physiological activities of such isoflavones. The isoflavone (including equol) content of the fermented soybean hypocotyl material may be, for example, on a dry weight basis, about 0.5 to about 2 g, preferably about 0.5 to about 1.5 g, and more preferably about 0.8 to about 1.5 g, per 100 g of the fermented soybean hypocotyl material.

[0029] The proportions of isoflavones other than equol in the fermented soybean hypocotyl material are different from those in unfermented soybean hypocotyls. In particular, in the fermented soybean hypocotyl material, the total content of genistein compounds, whose activities as endocrine disrupters raise concerns, is as low as 14 wt.% or less, and preferably 12 wt.% or less. Therefore, the fermented soybean hypocotyl material is more advantageous than unfermented soybean hypocotyls from the viewpoint of isoflavone proportions.

[0030] Specific examples of proportions of isoflavones in the fermented soybean hypocotyl material include the following, in which "mg" indicates the total content of each isoflavone per 1g of fermented soybean hypocotyl material on a dry weight basis.

- Equol: 1 to 20 mg, and preferably 2 to 10 mg; Daidzein compounds: 0.1 to 3 mg, and preferably 0.1 to 1.5 mg;
- Genistin compounds: 0.05 to 2.5 mg, and preferably 0.05 to 2 mg;
- Glycitein compounds: 0.1 to 4 mg, and preferably 2 to 3.5 mg.

[0031] The proportions of these isoflavones contained in the fermented soybean hypocotyl material are, for example, as below, in which "wt.%" indicates the percentage relative to the total amount of isoflavones contained in the fermented soybean hypocotyl material.
Glycitein compounds: 10 to 50 wt.

[0032] The fermented soybean hypocotyl material of the present invention contains isoflavones in such proportions that cannot be achieved by known methods. Therefore, the fermented soybean hypocotyl material of the present invention may be referred to as an isoflavone-containing material comprising the isoflavones in the above proportions.

[0033] For production of a fermented soybean hypocotyl material having an isoflavone proportions as above, Lactococcus 20-92 (FERM BP-10036) can be used particularly advantageous.

[0034] Further, since the fermented soybean hypocotyl material also contains saponins derived from soybean hypocotyls, it is also possible to achieve the useful physiological activity based on such saponins (e.g., antiviral activity). The saponin content of the fermented soybean hypocotyl material is usually 1 to 8 g, preferably 2 to 5 g, and more preferably 3 to 4 g, per 100 g, on a dry weight basis, of the fermented soybean hypocotyl material.

[0035] Further, as mentioned above, ornithine is contained in a fermented soybean hypocotyl material obtained by adding arginine to soybean hypocotyls and performing fermentation using an ornithine/equl-producing microorganism. Specifically, ornithine may be contained in such a fermented soybean hypocotyl material in an amount of, for example, about 0.5 to about 2.0 g, preferably about 0.8 to about 1.5 g, and more preferably about 0.9 to about 1.2 g, per 100 g, on a dry weight basis, of the fermented soybean hypocotyl material.

[0036] The fermented soybean hypocotyl material obtained by fermentation under the conditions described above may be in its post-fermentation state without additional treatment, or may be dried as necessary to form a dry solid product, for use as an ingredient for foods, pharmaceuticals, cosmetics, etc. In order to improve its storage stability, the fermented soybean hypocotyl material is preferably dried to solid form. The heated and dried fermented soybean hypocotyl material may be powdered, as necessary.

[0037] As previously described, because the fermented soybean hypocotyl material of the invention contains a variety of effective physiologically active substances such as equol, it expresses a variety of physiological and pharmacological activities. For example, the fermented soybean hypocotyl material of the invention is useful for the prevention or alleviation of symptoms or diseases such as, e.g., menopausal disorders, osteoporosis, prostat hypertrophy, metabolic syndrome, and for lowering of the blood cholesterol level, skin whitening, acne treatment, treatment of intestinal disorders, obesity, urinary disorders, etc. Among such uses, the fermented soybean hypocotyl material of the invention is especially useful for the prevention or alleviation of general malaise-complaints and menopausal symptoms (for example, osteoporosis, menopausal disorders, etc.) in middle-aged women. When a fermented soybean hypocotyl material is produced by fermenting an arginine-containing fermentation material using an ornithine/equl-producing bacteria, ornithine is also formed and stored therein. Such a fermented soybean hypocotyl material can also exhibit active physiological effects derived from ornithine, such as improved liver function, improved growth hormone secretion, increased immunostimulation, increased amount of muscles, increased basal metabolism, etc.

[0038] When the fermented soybean hypocotyl material of the invention is used as a food ingredient, it may be prepared in the form of, e.g., a drink, granules, fine grains, capsules, tablets, a powder, dairy product, gum, gum drop, pudding, bar, or other solid food. A food containing the fermented soybean hypocotyl material exhibits not only the equol-derived effective physiological activities, but also physiological activities derived from isoflavones, saponins, and other like materials. Such foods, therefore, provide excellent health-keeping effects, and are highly useful. When a fermented soybean hypocotyl material produced by fermenting an arginine-containing fermentation material using ornithine/equl-producing bacteria is used in a food, such a food also contains ornithine, and therefore has further enhanced usefulness.

[0039] Food containing the fermented soybean hypocotyl material of the invention are usable, not only as general foods, but also as foods for specified health uses, dietary supplements, functional foods, foods for invalids, etc. Foods containing the fermented soybean hypocotyl material of the invention are particularly usable as dietary supplements.

[0040] The proportion of the fermented soybean hypocotyl material of the invention in a food can be suitably determined according to the type of food, equol content, age and sex of the subject, expected effects, and other factors. For example, the total amount of the fermented soybean hypocotyl material per 100 g of a food may be generally 0.1 to 90 g, preferably 0.1 to 10 g, and more preferably 0.5 to 2 g on a dry weight basis.

[0041] The daily dosage of a food containing the fermented soybean hypocotyl material depends upon the equol content of the fermented soybean hypocotyl material, age and body weight of the subject, daily number of doses, and other factors; but, for example, an adult may take a daily dosage of 0.1 to 10 g of the fermented soybean hypocotyl material.

[0042] When the fermented soybean hypocotyl material of the invention is used as a pharmaceutical ingredient, the fermented soybean hypocotyl material is prepared in the form of, e.g., tablets, pills, a powder, a liquid medicine, a suspension, an emulsion, granules, capsules, a suppository, or the like. A pharmaceutical preparation containing the fermented soybean hypocotyl material of the invention is useful for the prevention or alleviation of symptoms or diseases, e.g., menopausal disorders (including menopausal complaints, osteoporosis, and hyperlipidemia), osteoporosis, prostatic hypertrophy, metabolic syndrome, and for the reduction of the blood cholesterol level, treatment of intestinal disor-
ders, obesity, urinary disorders, etc. Such a pharmaceutical preparation is especially suitable for use in the prevention or treatment of general malaise-complaints and menopausal symptoms (e.g., osteoporosis, menopausal disorders, etc.) in middle-aged women.

[0043] The dosage of a pharmaceutical preparation containing the fermented soybean hypocotyl material of the invention depends upon the equol content of the fermented soybean hypocotyl material, age and body weight of the subject, symptoms, number of doses per day, and other factors; but, for example, an adult may take a daily dosage of 0.5 to 6 g of the fermented soybean hypocotyl material on a dry weight basis.

[0044] When the fermented soybean hypocotyl material of the invention is used as a cosmetic ingredient, the fermented soybean hypocotyl material may be prepared in any desired form, such as, e.g., paste-like, mousse-like, gel-like, liquid, emulsion, suspension, cream, ointment, sheet-like, or like form. Such cosmetic products can be used in a wide various usages: e.g., basic skin care products such as emulsions, creams, lotions, oils, and packs; cleansing products such as facial washes, cleansers, and body cleansers; cleansing wipes; purifying agents; etc. Cosmetic products containing the fermented soybean hypocotyl material of the invention are used for skin whitening and clearing acne.

[0045] The proportion of the fermented soybean hypocotyl material of the invention in a cosmetic product can be suitably determined according to the type of the cosmetic product, equol content, and the like. For example, the total amount of the fermented soybean hypocotyl material per 100 g of a food may be 0.1 to 10 g, and preferably 0.5 to 5 g on a dry weight basis.

EXAMPLES

[0046] The present invention is described in detail with reference to Test Examples, Examples, etc. below, but is not limited to these examples.

Examples 1 to 3

[0047] Powdered soybean hypocotyls, arginine, and water were mixed in such a manner that the compositions of the mixture was as shown in Table 1 to prepare soybean hypocotyl solutions. Into 5 ml samples of the soybean hypocotyl solution was inoculated Lactococcus 20-92 (FERM BP-10036; Lactococcus garvieae), and subjected to static cultivation at 37 °C for 96 hours under anaerobic conditions. After cultivation, the resulting culture (fermented liquids) were sterilized by heating at 100 °C for one minute, subsequently dried at 80 °C, and further powdered using a homogenizer, thereby obtaining powdered fermented soybean hypocotyl materials.

[0048] Table 1 shows equol concentrations in culture 96 hours after cultivation. Table 1 also shows viable bacterial counts and pH of culture media 96 hours after cultivation, yields of the powdered fermented soybean hypocotyl materials, and equol concentrations in the powdered fermented soybean hypocotyl materials. The results established that fermentation of the powdered soybean hypocotyls using an equol-producing bacterium can produce equol very efficiently.

Table 1

<table>
<thead>
<tr>
<th>Composition of soybean solution</th>
<th>Ex. 1</th>
<th>Ex. 2</th>
<th>Ex. 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Powdered soybean hypocotyls (dried wt.)</td>
<td>0.25 g</td>
<td>0.5 g</td>
<td>0.75 g</td>
</tr>
<tr>
<td>Arginine</td>
<td>0.005 g</td>
<td>0.005 g</td>
<td>0.005 g</td>
</tr>
<tr>
<td>Water</td>
<td>Appropriate quantity</td>
<td>Appropriate quantity</td>
<td>Appropriate quantity</td>
</tr>
<tr>
<td>Total amount</td>
<td>5 ml</td>
<td>5 ml</td>
<td>5 ml</td>
</tr>
<tr>
<td>pH</td>
<td>6.75 ± 0.03</td>
<td>6.54 ± 0.02</td>
<td>6.39 ± 0.03</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Analytical result of fermented liquid</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Viable bacterial counts of fermented liquid (log cfu/ml)</td>
<td>7.9 ± 0.1</td>
<td>8.2 ± 0.1</td>
</tr>
<tr>
<td>pH of fermented liquid</td>
<td>7.00 ± 0.03</td>
<td>6.88 ± 0.01</td>
</tr>
</tbody>
</table>
Example 4

[0049] *Lactococcus* 20-92 (FERM BP-10036; *Lactococcus garvieae*) was inoculated into 5 ml of a soybean hypocotyl solution containing 10 wt.% of powdered soybean hypocotyls and 0.1 wt.% of L-arginine, and subjected to static cultivation at 37 °C for 96 hours under anaerobic conditions. After cultivation, the resulting culture (fermented liquid) was sterilized by heating at 100 °C for one minute, then dried at 80 °C, and further powdered using a homogenizer, thereby obtaining a powdered fermented soybean hypocotyl material.

[0050] The powdered soybean hypocotyls used as starting materials (referred to as "pre-fermentation" in Tables 2 and 3) and the obtained powdered fermented soybean hypocotyl material (referred to as "post-fermentation" in Tables 2 and 3) were analyzed for compositional components. Table 2 shows the analytical results for soybean isoflavones, and Table 3 shows the analytical results for nutritional components. These results also established that fermented soybean hypocotyl materials containing high levels of equol can be produced by fermenting soybean hypocotyls with equal-producing bacterium. The results further revealed that the contents of oligosaccharides such as raffinose, stachylose and the like after the fermentation remain almost the same as before, indicating that they are hardly influenced by fermentation. However, it was found that arginine is converted to ornithine by fermentation. Consequently, it was established that when arginine-added soybean hypocotyls are fermented with *Lactococcus* 20-92, not only equol but also ornithine can be produced.

### Table 2

<table>
<thead>
<tr>
<th>Component</th>
<th>Pre-fermentation</th>
<th>Post-fermentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Equol</td>
<td>N.D.</td>
<td>632.0 mg</td>
</tr>
<tr>
<td>Daidzin</td>
<td>566.4 mg</td>
<td>29.7 mg</td>
</tr>
<tr>
<td>Malonyldaidzin</td>
<td>124.9 mg</td>
<td>N.D.</td>
</tr>
<tr>
<td>Acetyldaidzin</td>
<td>364.8 mg</td>
<td>25.4 mg</td>
</tr>
<tr>
<td>Daidzein</td>
<td>7.1 mg</td>
<td>24.4 mg</td>
</tr>
<tr>
<td>Dihydrodaidzein</td>
<td>N.D.</td>
<td>49.4 mg</td>
</tr>
<tr>
<td>Genistin</td>
<td>111.7 mg</td>
<td>3.2 mg</td>
</tr>
<tr>
<td>Malonylegenistin</td>
<td>35.1 mg</td>
<td>N.D.</td>
</tr>
<tr>
<td>Acetylgenistin</td>
<td>146.1 mg</td>
<td>3.7 mg</td>
</tr>
<tr>
<td>Genistein</td>
<td>0.9 mg</td>
<td>22.5 mg</td>
</tr>
<tr>
<td>Dihydrogenistein</td>
<td>N.D.</td>
<td>112.0 mg</td>
</tr>
<tr>
<td>Glycitin</td>
<td>331.7 mg</td>
<td>53.6 mg</td>
</tr>
<tr>
<td>Malonylglycitin</td>
<td>65.0 mg</td>
<td>N.D.</td>
</tr>
<tr>
<td>Acetylglucitcin</td>
<td>169.2 mg</td>
<td>34.8 mg</td>
</tr>
<tr>
<td>Glycitein</td>
<td>19.1 mg</td>
<td>292.3 mg</td>
</tr>
<tr>
<td>Dihydroglycitein</td>
<td>N.D.</td>
<td>8.2 mg</td>
</tr>
<tr>
<td>Total isoflavones</td>
<td>1942.0 mg</td>
<td>1291.2 mg</td>
</tr>
</tbody>
</table>

N.D. refers to "Not Detected"
Examples 5-11

[0051] Powdered fermented soybean hypocotyls (Examples 5-11) were produced under the same conditions as in Example 3, except that powdered soybean hypocotyls of seven different lots from that in Example 3 were used. Proportions of isoflavones contained in the thus-obtained fermented soybean hypocotyl materials were evaluated. As is clear from the results shown in Table 4, the fermented soybean hypocotyl materials of Examples 5-11 have a high equol content and contain isoflavones in such proportions that cannot be achieved by known methods.

Table 4

<table>
<thead>
<tr>
<th>Isoflavone Proportions</th>
<th>Equol</th>
<th>Daidzein Compounds</th>
<th>Genistein Compounds</th>
<th>Glycitein Compounds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Example 5</td>
<td>6.51 mg (62.2 wt.%)</td>
<td>0.71 mg (6.8 wt.%)</td>
<td>0.53 mg (5.1 wt.%)</td>
<td>2.71 mg (25.9 wt.%)</td>
</tr>
<tr>
<td>Example 6</td>
<td>6.25 mg (61.3 wt.%)</td>
<td>0.48 mg (4.7 wt.%)</td>
<td>0.35 mg (3.4 wt.%)</td>
<td>3.12 mg (30.6 wt.%)</td>
</tr>
<tr>
<td>Example 7</td>
<td>5.38 mg (48.9 wt.%)</td>
<td>1.18 mg (10.7 wt.%)</td>
<td>1.45 mg (13.2 wt.%)</td>
<td>3.00 mg (27.2 wt.%)</td>
</tr>
<tr>
<td>Example 8</td>
<td>6.43 mg (63.4 wt.%)</td>
<td>0.61 mg (6.0 wt.%)</td>
<td>0.48 mg (4.7 wt.%)</td>
<td>2.62 mg (25.8 wt.%)</td>
</tr>
<tr>
<td>Example 9</td>
<td>6.05 mg (64.2 wt.%)</td>
<td>0.51 mg (5.4 wt.%)</td>
<td>0.30 mg (3.2 wt.%)</td>
<td>2.57 mg (27.3 wt.%)</td>
</tr>
<tr>
<td>Example 10</td>
<td>6.11 mg (65.6 wt.%)</td>
<td>0.37 mg (4.0 wt.%)</td>
<td>0.10 mg (1.1 wt.%)</td>
<td>2.74 mg (29.4 wt.%)</td>
</tr>
<tr>
<td>Example 11</td>
<td>6.3 mg (60.9 wt.%)</td>
<td>0.49 mg (4.73 wt.%)</td>
<td>0.37 mg (3.6 wt.%)</td>
<td>3.19 mg (30.8 wt.%)</td>
</tr>
</tbody>
</table>

In Table 4, the upper figures indicate the amount (mg) of each isoflavone per 1 g of fermented soybean hypocotyl material, and the lower figures indicate the percentage (wt%) of each isoflavone per total weight (100 %wt) of isoflavones contained in each fermented soybean hypocotyl material.

Example 12

[0052] Powdered fermented soybean hypocotyls were produced under the same conditions as in Example 3 above, except that powdered soybean hypocotyls of a different lot from that in Example 3 above were used. The obtained fermented soybean hypocotyl material contained 6.5 mg of equol, 0.6 mg of daidzein compounds, 0.6 mg of genistein...
compounds, and 3.2 mg of glycitein compounds, per g. Aglycone accounted for 90 wt.% or more in the total isoflavone content in the fermented soybean hypocotyl material.

Tablets having the following formula (weight 2.51 g and 10.9 mg equol content per tablet) were prepared using the thus obtained fermented soybean hypocotyls.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fermented soybean hypocotyl material</td>
<td>66.7 wt.%</td>
</tr>
<tr>
<td>Erythritol</td>
<td>33.2 wt.%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100.0 wt.%</td>
</tr>
</tbody>
</table>

Example 13

Granules having the following formula were prepared using the fermented soybean hypocotyl material used in Example 5 above.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fermented soybean hypocotyl material</td>
<td>66.7 wt.%</td>
</tr>
<tr>
<td>Erythritol</td>
<td>33.2 wt.%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>100.0 wt.%</td>
</tr>
</tbody>
</table>

Example 14

Cosmetic product having the following formula were prepared using the fermented soybean hypocotyl material of Example 1 above.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fermented soybean hypocotyl material</td>
<td>10 g</td>
</tr>
<tr>
<td>Paraffin oil</td>
<td>60 ml</td>
</tr>
<tr>
<td>Olive oil</td>
<td>40 ml</td>
</tr>
<tr>
<td>Glycerol monostearic acid ester</td>
<td>50 ml</td>
</tr>
<tr>
<td>Lanolin</td>
<td>10 ml</td>
</tr>
<tr>
<td>propylene glycol</td>
<td>30 ml</td>
</tr>
<tr>
<td>Water</td>
<td>balance</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1000 g</td>
</tr>
</tbody>
</table>

Example 15

Cosmetic product having the following formula were prepared using the fermented soybean hypocotyl material of Example 1 above.

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fermented soybean hypocotyl material</td>
<td>10 g</td>
</tr>
<tr>
<td>Paraffin oil</td>
<td>30 ml</td>
</tr>
<tr>
<td>Olive oil</td>
<td>30 ml</td>
</tr>
<tr>
<td>Glycerol monostearic acid ester</td>
<td>60 ml</td>
</tr>
<tr>
<td>Lanolin</td>
<td>20 ml</td>
</tr>
<tr>
<td>propylene glycol</td>
<td>40 ml</td>
</tr>
<tr>
<td>Water</td>
<td>balance</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>1000 g</td>
</tr>
</tbody>
</table>

Test Example 1

It is known that soybean hypocotyls inherently contain Gym4, Gm30K, Gm28K, 7S globulin mix (β-conglycine), oleocine, trypsin inhibitor and like allergens. The presence or absence of allergens in the fermented soybean hypocotyl material prepared in Example 1 was detected by the following method.

First, an adequate amount of the fermented soybean hypocotyl material prepared in Example 1 was added to an extraction buffer (Tris HCl pH 7.5, containing 1 M EDTA and an adequate amount of protease inhibitor), followed by
sufficient agitation to extract water-soluble components from the fermented soybean hypocotyl material. Subsequently, solid matter was removed therefrom by filtration, giving an extract. Total protein in the thus-obtained extract was assayed using a Bio-Rad Protein Assay. Major allergens (Gym4, Gm30K, Gm28K, 7S globulin mix, oleocine, and trypsin inhibitor) contained in the thus-obtained extract were then detected by western blotting. For comparison, detections of total protein and major allergens were conducted in the same manner as described above using soybean cotyledon and soybean hypocotyl powders instead of the fermented soybean hypocotyl material.

Figs. 2 to 4 show the results. Fig. 2 shows the results of total protein detection. Fig. 3 shows the results of Gym4, Gm30K, and Gm28K detections. Fig. 4 shows the results of 7S globulin mix, oleocine, and trypsin inhibitor detections.

From these results, it was confirmed that major allergens inherently contained in soybeans or soybean hypocotyls are eliminated in the fermented soybean hypocotyl material.

Claims

1. An equol-containing fermented soybean hypocotyl material obtained by fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound selected from the group consisting of diadzein glycosides, daidzein, and dihydrodiadzein.

2. A fermented soybean hypocotyl material according to claim 1, wherein said at least one microorganism is a lactic acid bacterium of the genus Lactococcus.

3. A fermented soybean hypocotyl material according to claim 1, wherein said at least one microorganism belongs to Lactococcus garvieae.

4. A fermented soybean hypocotyl material according to claim 1, which contains 0.1 to 20 wt% of equol per total weight of dry fermented soybean hypocotyl material.

5. A fermented soybean hypocotyl material according to claim 1, which further contains daidzin compounds, genistin compounds, genistei compounds, glyciti compounds and glycitei compounds.

6. A fermented soybean hypocotyl material according to claim 1, which further contains ornithine.

7. A food containing a fermented soybean hypocotyl material of claim 1.

8. A food according to claim 7, which is a dietary supplement.

9. A food according to claim 7, which contains 0.1 to 90 g of the fermented soybean hypocotyl material per 100 g of the food.

10. A pharmaceutical preparation containing a fermented soybean hypocotyl material of claim 1.

11. A pharmaceutical preparation according to claim 10, which is used for preventing or treating menopausal disorders, osteoporosis, prostatic hypertrophy, or metabolic syndrome.

12. A pharmaceutical preparation according to claim 10, which is used for lowering the blood cholesterol level.

13. Use of a fermented soybean hypocotyl material of claim 1 for producing preparations for preventing or treating menopausal disorders, osteoporosis, prostatic hypertrophy, or metabolic syndrome.

14. Use of a fermented soybean hypocotyl material of claim 1 for producing preparations for lowering the blood cholesterol level.

15. A method for treating menopausal disorders comprising the step of administering an effective amount of a fermented soybean hypocotyl material of claim 1 to a patient suffering from menopausal disorders.

16. A method for lowering the blood cholesterol level comprising the step of administering an effective amount of a fermented soybean hypocotyl material of claim 1 to a patient who is in need of lowering the blood cholesterol level.
17. A cosmetic product containing the fermented soybean hypocotyl material of claim 1.

18. A cosmetic product according to claim 17, which contains 0.1 to 10 g of the fermented soybean hypocotyl material per 100 g of cosmetic product.

19. A method for producing an equol-containing fermented soybean hypocotyl material comprising the step of fermenting soybean hypocotyls using at least one microorganism having an equol-producing ability by utilizing at least one daidzein compound selected from the group consisting of diadzein glycosides, daidzein, and dihydroidaidzein.
Fig. 1

Equal concentration (mg/100ml)

Example 1  example 2  Example 3
Fig. 3

Soybean cotyledon
Soybean hypocotyl
Fermented soybean hypocotyl material

(Each application amount: 6.7 ng)

Gm28K

20 25 37 (kDa)

26-28kDa

Gm30K

20 25 37 (kDa)

30-34kDa

Glym4

15 20 (kDa)

16-17kDa
Fig. 4

- Trypsin inhibitor
  - Soybean cotyledon
  - Soybean hypocotyl
  - Fermented soybean hypocotyl material

- Oleocine
  - 7S globulin mix (β-conglycin)

(Each application amount: 6.7 ng)
**INTERNATIONAL SEARCH REPORT**

**A. CLASSIFICATION OF SUBJECT MATTER**

A23L1/20(2006.01)i, A23L1/30(2006.01)i, A61K35/74(2006.01)i, A61P15/12(2006.01)i, A61P19/10(2006.01)i, A61P13/08(2006.01)i, A61P3/00(2006.01)i

According to International Patent Classification (IPC) or to both national classification and IPC

**B. FIELDS SEARCHED**

Minimum documentation searched (classification system followed by classification symbols)

A23L1/20-1/201, 1/211

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

**C. DOCUMENTS CONSIDERED TO BE RELEVANT**

<table>
<thead>
<tr>
<th>Category*</th>
<th>Citation of document, with indication, where appropriate, of the relevant passages</th>
<th>Relevant to claim No.</th>
</tr>
</thead>
</table>

☐ Further documents are listed in the continuation of Box C. ☐ See patent family annex.

* Special categories of cited documents:
  - "A" document defining the general state of the art which is not considered to be of particular relevance
  - "E" earlier application or patent but published on or after the international filing date
  - "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)
  - "O" document referring to an oral disclosure, use, exhibition or other means
  - "P" document published prior to the international filing date but later than the priority date claimed

  "T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

  "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

  "Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

  "Z" document member of the same patent family

Date of the actual completion of the international search: 26 February, 2007 (26.02.07)

Date of mailing of the international search report: 06 March, 2007 (06.03.07)

Name and mailing address of the ISA/ Japanese Patent Office

Authorized officer

Facsimile No.

Telephone No.

Form PCT/ISA/210 (second sheet) (April 2005)
### INTERNATIONAL SEARCH REPORT

**Box No. II**  
**Observations where certain claims were found unsearchable (Continuation of item 2 of first sheet)**

This international search report has not been established in respect of certain claims under Article 17(2)(a) for the following reasons:

1. **X** Claims Nos.: 15, 16  
   because they relate to subject matter not required to be searched by this Authority, namely:  
   The inventions as set forth in the above claims pertain to methods for treatment of the human body by therapy.

2. ☐ Claims Nos.:  
   because they relate to parts of the international application that do not comply with the prescribed requirements to such an extent that no meaningful international search can be carried out, specifically:

3. ☐ Claims Nos.:  
   because they are dependent claims and are not drafted in accordance with the second and third sentences of Rule 6.4(a).

**Box No. III**  
**Observations where unity of invention is lacking (Continuation of item 3 of first sheet)**

This International Searching Authority found multiple inventions in this international application, as follows:

1. ☐ As all required additional search fees were timely paid by the applicant, this international search report covers all searchable claims.

2. ☐ As all searchable claims could be searched without effort justifying an additional fee, this Authority did not invite payment of any additional fee.

3. ☐ As only some of the required additional search fees were timely paid by the applicant, this international search report covers only those claims for which fees were paid, specifically claims Nos.:

4. ☐ No required additional search fees were timely paid by the applicant. Consequently, this international search report is restricted to the invention first mentioned in the claims; it is covered by claims Nos.:

**Remark on Protest**

☐ The additional search fees were accompanied by the applicant’s protest and, where applicable, payment of a protest fee.

☐ The additional search fees were accompanied by the applicant’s protest but the applicable protest fee was not paid within the time limit specified in the invitation.

☐ No protest accompanied the payment of additional search fees.

Form PCT/ISA/210 (continuation of first sheet (2)) (April 2005)
REFERENCES CITED IN THE DESCRIPTION

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Patent documents cited in the description

- WO 99007392 A [0008]
- WO 2005000042 A [0008]
- JP 2002234844 A [0008]