Note: Within nine months of the publication of the mention of the grant of the European patent in the European Patent Bulletin, any person may give notice to the European Patent Office of opposition to that patent, in accordance with the Implementing Regulations. Notice of opposition shall not be deemed to have been filed until the opposition fee has been paid. (Art. 99(1) European Patent Convention).
FIELD OF THE INVENTION

[0001] In general, the invention relates to instrumentation used during minimally invasive orthopedic surgery. More particularly, the invention relates to instruments used to create the initial access passageway into the skeletal structure being treated.

BACKGROUND OF THE INVENTION

[0002] There are many disease states and abnormal conditions that cause defects in the skeleton. For instance, osteoporosis and other metabolic bone conditions weaken the bone structure and predispose the bone to fracture. These same diseases also impair and prolong healing, which can lead to the formation of bone defects. If not treated, certain fractures and bone defects may progress and lead to the development of severe neurological or other medical complications.

[0003] Other examples of bone defects are those resulting from the excision of benign or malignant lesions of the skeleton. Removal of tumors often compromises the structural integrity of the bone structure and thus requires surgical stabilization and filling of the defects with biological materials such as bone grafts or cements.

[0004] Bone defects also result from bone grafting procedures, wherein the patient’s own bone is transplanted to another region of the skeleton. Removal of tumors often compromises the structural integrity of the bone structure and thus requires surgical stabilization and filling of the defects with biological materials such as bone grafts or cements.

[0005] One approach to treating many bone defects comprises injecting, packing, or filling the defect with bio-compatible bone cement. Such bone cements are generally formulations of non-resorbable biocompatible polymers such as PMMA (polymethylmethacrylate) or resorbable calcium phosphate or calcium sulphate cement. These cements allow the gradual replacement of the cement with living bone. Bone cements have been used successfully in the treatment of bone defects secondary to compression fractures of the distal radius, the calcaneus, the tibial plateau, and the vertebral body.

[0006] Historically, however, most applications of bone cements have been limited to open procedures in which the surgeon injects, packs, or tamps the biological material under direct visualization of the defect margins. Although direct visualization maximally allows the surgeon to identify adjacent structures that may be compromised by the inadvertent placement or injection of cement, less invasive means (apparatus and techniques) to assist the surgeon in safely and effectively placing biocompatible cements are generally desirable.

[0007] For example, one debilitating condition for which less invasive means to treat with injectable cement would be desirable is osteoporotic compression fracture of the spine. More than 700,000 osteoporotic compression fractures of the vertebrae occur each year in the United States -- primarily in the elderly female population. Until recently, treatment of such fractures was limited to conservative, non-operative therapies such as bed rest, bracing, and medications.

[0008] A relatively new procedure known as “vertebroplasty” was developed in the mid 1980’s to address the inadequacy of conservative treatment for vertebral body fracture. This procedure involves injecting radio-opaque bone cement directly into the fracture void through a minimally invasive cannula or needle under fluoroscopic control. The cement is pressurized by a syringe or similar plunger mechanism, thus causing the cement to fill the void and penetrate the interstices of broken trabecular bone. Once cured, the cement stabilizes the fracture and reduces pain -- usually dramatically and immediately.

[0009] An alternative technique which has gained popularity in recent years is a modified vertebroplasty technique in which a “balloon tamp” is inserted into the vertebral body via a cannula approach to expand the fractured bone and create a void within the cancellous structure. The tamping effect is caused by the inflation of a balloon membrane that expands, thereby producing radial force. When subsequently deflated, the membrane leaves a void that is then filled with bone cement.

[0010] Regardless of which of these (or other) techniques is used when correcting defects within the vertebral body, it is generally desirable to inject cement substantially symmetrically or bilaterally to strengthen the entire vertebral body. In order to treat bilaterally, separate approaches to and access into the vertebral body have needed to be made from either side of the spine. Even for the simplest procedures, however, such vertebral approach and access requires skilled, delicate, time-consuming placement of the surgical instruments. Therefore, instrumentation and techniques that would facilitate surgical access to both sides of the vertebral body via a single approach is desirable.

[0011] An example of a device and method for extraction of body tissue from an enclosed cavity is described in WO 03/10108. A hollow entry cannula with an optional core element provides entry into the body tissue space such as bone marrow. An aspiration cannula is inserted through the entry cannula and is manipulated to advance directionally through the body cavity. An optional styllet within the aspiration cannula aids in advancing the aspiration cannula through the body tissue and is removed to facilitate extraction of the body tissue through the aspiration cannula. The aspiration cannula may be withdrawn and its path adjusted for multiple entries through the same entry point, following different paths through tissue space for subsequent aspiration of more tissue.

SUMMARY OF THE INVENTION

[0012] The present invention provides instrumentation
that facilitates access to both sides of the vertebral body from a single access point. More particularly, the present invention provides bendable access devices that can be steered so as to traverse the vertebral body from the point of entry into the vertebral body, through the cancellous bone within the vertebral body, and to the contralateral side of the vertebral body. This steerability is provided by forming the access device with a series of slots, grooves, or notches in the side of the access device near the distal end of the access device, which slots, grooves, or notches reduce the bending stiffness of the access device. As a result, the distal end of the access device bends as it is being advanced into the vertebral body.

According to one embodiment, the access device comprises a solid or hollow shaft, preferably having a beveled tip which imparts a side load when the tip encounters more solid bone. According to another embodiment, the access device includes an actuating member, e.g., a wire that is anchored at the distal end of the access device and that extends along a side or within the center of the access device; pulling on the proximal end of the wire causes the distal end of the access device to curve laterally and move into the soft, cancellous bone. According to a third embodiment of the invention, more than one group of slots or notches is provided, with the separate groups being circumferentially offset relative to each other; this allows the access device to bend or steer in more than just a single plane.

Furthermore, since it may be desirable to use a hollow needle to inject bone cement into the vertebral body, hollow embodiments of the invention may be covered with a thin, flexible polymeric coating or shrink tube covering that does not increase the bending stiffness of the structure. The coating or shrink tube covering forms a tube to allow cement to flow through the access device to the distalmost end of the access device without leakage.

The access device may be constructed so that its distal end is initially straight. Alternatively, the access device may be preformed with a nominal amount of initial curvature, so that the slots facilitate bending of the access device into a second, smaller-radiused curvature.

**Brief Description of the Drawings**

The invention will now be described in greater detail in connection with the drawings, in which:

- Figs. 1-3 are side elevation views of a first embodiment of an access device according to the invention, illustrating progressively bending of the distal tip thereof;
- Fig. 4 is a view in the transverse plane of a vertebral body, illustrating the access device shown in Figs. 1-3 entering and curving through the vertebral body;
- Figs. 5 and 7 are side elevation views of a second embodiment of an access device according to the invention, illustrating progressively bending of the distal tip thereof, with Fig. 6 being a section view of the access as taken along lines 6-6 in Fig. 5;
- Fig. 8 is a view in the transverse plane of a vertebral body, illustrating the access device shown in Figs. 5-7 entering and curving through the vertebral body; and
- Figs. 9 and 10 are a side view and a perspective view of a third embodiment of an access device according to the invention, in which the distal end of the access device curves in multiple planes simultaneously.

**Detailed Description**

According to the invention, however, a "segmented" trocar 100 is provided in which the shaft of the trocar buckles preferentially upon mallet impact, with the trocar segments buckling from the least stiff segment first to the stiffest segment last. As illustrated in Figures 1-3, the shaft 102 of the trocar 100, which may be solid or hollow, has a number of slots or notches 104 (e.g., three or more) formed in its side at discrete locations near its distal end such that the bending stiffness of the shaft is reduced at the location of each of the slots or notches 104. Therefore, when the tip 105 of the trocar 100 encounters solid material (e.g., cortical bone tissue) and the normal force F_N induces a side load F_S on the tip of the trocar 100, the shaft collapses slightly, initially at the least stiff slot 106, thereby changing the axis A of the tip of the trocar shaft so that it is no longer co-axial with the remainder of the shaft. With continued impact and deflection of the distal end of the shaft, the slot 106 even-
A device (100, 200, 300) for piercing a cortical wall and initiating access to a cancellous interior of a vertebral body via minimally invasive, percutaneous approach to the vertebral body, said device comprising:

- a hollow shaft (102, 202) having a proximal end temporarily closes completely as illustrated in Figure 2, thus stiffening the segment and preventing further deflection of that section of the needle, trocar, or guide wire. Once the least stiff segment has collapsed shut, a second segment, now possessing the least stiffness because of its own slot (e.g., slot 108) preferentially deflects upon continued loading.

[0020] Depending on the number of slots and the bending stiffness of the trocar at the slots, the needle alters its vector and curves into the desired location within the vertebral body VB, as illustrated in Figure 4. Depending on the desired size of the channel into the vertebral body VB, deflecting needles of increasing diameter or different radii of curvature may be introduced. These subsequently placed needles may be hollow, to be advanced into the vertebral body over an initial, solid needle, or they may be solid. Depending on the rotational orientation of the needle bevel at the tip 105 and the orientation of the slots 104, the needle trocar 100 of the invention can be deflected in any plane desired by the surgeon. Therefore, by using a series of light mallet strikes, the needle 100 may be guided in a curving path across the vertebral body, from the side from which the vertebral body is accessed across to the contralateral side of the vertebral body. This facilitates subsequent introduction of further access devices and emplacement of vertebral stabilization devices in a generally symmetrical orientation vis-à-vis the sagittal midline of the vertebral body.

[0021] The slotted tubes are prevented from deflecting during advancement by first inserting a rigid wire inside the tube, fully to the end. These rigid components may be selectively removed by the surgeon when deflection of the tip during advancement is the desired clinical result.

[0022] Another embodiment 200 of a deflectable, curving needle used to access the site of bone repair is illustrated in Figures 5 - 8. This embodiment 200 is somewhat similar to the embodiment 100 illustrated in Figures 1 - 4 and described above. With this embodiment 200, the needle or cannula 202, which may be hollow (as illustrated) or solid, is first fully inserted to a desired depth of penetration within the vertebral body VB, then deflected into a curved orientation or configuration (as shown in Figure 8) by generating a bending moment along the side of the shaft or cannula.

[0023] The cannula or needle shaft 202 is preferably constructed of a tubular or solid superelastic memory alloy such as nitinol and has a series of slots 204 laser cut or micro-machined into its side to reduce bending stiffness along the tip. A second, smaller-diameter tube 206 is joined to the shaft 202 by welding or other joining method, prior to cutting the slots 204, and after slotting is configured as a series of tube segments 206' in the region of the tip of the cannula or needle shaft 202. The smaller tube and tube segments 206, 206' contain a wire or cable 208 that is affixed, e.g., by welding or melting its end into a bead 210, to the flexible, distal end of the tube 202 and to a movable fastener 212 (e.g., an internally threaded nut that mates with external threads at the proximal end of the wire or cable 208) at the other, proximal end of the device such that the length of wire or cable running along the side of the shaft 202 can be altered by means of the movable fastener 212. When the effective cable length is shortened, the tube or shaft 202 collapses in a manner that closes a plurality of the slots 204 on one side of the device, as illustrated in Figure 7.

[0024] When actuated, the cannula or shaft 200 generates a side load as it curves or steers to one side. The amount of side load generated is proportional to the axial load placed on the cable 208. Since osteoporotic bone is significantly weakened by disease, and since the strength of the bone is naturally weakest in the transverse plane, the cannula or shaft will easily deflect within the weakened structure to position the tip of the needle across the midline of the vertebral body VB, into the contralateral, anterior one-third portion of the VB. Preferably, the cannula or shaft is made of radio-opaque materials; therefore, the position of the tip is easily visualized and optimized by the surgeon.

[0025] In the embodiments of the invention 100 and 200 described above, the slots in the cannula or shaft are axially aligned. As a result, the access devices 100, 200 bend or curve within a single plane. At times, however, it may be desirable for the access device of the invention to curve in multiple planes. For example, it is not uncommon to approach the vertebral body being treated from a cephalad to caudal (downward) approach angle in order to position the needle tip below the fracture plane of the collapsed vertebral body. Once the vertebral body is accessed, however, curving penetration through the vertebral body should be made along the transverse plane, in which the vertebral body lies.

[0026] To provide the ability to curve in more than one plane, a further embodiment of the invention 300, illustrated in Figures 9 and 10 has multiple sets of slots or notches 304 and 306. In contrast to the notches 104 and 204 of the embodiments described above, in which the slots are all axially aligned with each other, in the embodiment 300, the notches 306 are circumferentially positioned 90° out of alignment with the notches 304. This feature allows the distal end of the access device 300 to curve in more than one plane simultaneously, e.g., in the XY and YZ planes, as illustrated in Figure 10.

[0027] Once the desired region of the vertebral body VB has been accessed, the access device 100 or 200 is withdrawn and the vertebral body is further prepared for remedial fixation.

Claims

1. A device (100, 200, 300) for piercing a cortical wall and initiating access to a cancellous interior of a vertebral body via minimally invasive, percutaneous approach to the vertebral body, said device comprising:
and a distal end with a first series of notches or slots (104, 204, 304) in a side of said shaft (102, 202) near said distal end, wherein the bending stiffness of said shaft (102, 202) is reduced in the region of said first series of notches or slots (104, 204, 304) such that, when said shaft (102, 202) is unrestrained, said distal end of said shaft (102, 202) assumes a curved configuration as said distal end is advanced into the cancellous bone of the vertebral body.

characterised in that said shaft (102, 202) has sufficient strength and rigidity, when restrained by a rigid wire inserted inside the shaft (102, 202), to remain essentially straight and to pierce the cortical wall of said vertebral body.

2. The device of claim 1, wherein said distal end has a beveled tip (105) which facilitates lateral, curving deflection of said distal end.

3. The device of claim 1 or claim 2, further comprising an actuating member (208) extending along a side of said shaft.

4. The device of claim 3, wherein said actuating member comprises a cable or wire (208) that is tethered at said distal end, whereby pulling of said cable or wire (208) in the direction of said proximal end causes lateral, curving deflection of said shaft (202).

5. The device of any foregoing claim, further comprising a second series of notches or slots (306) in a side of said shaft near said distal end, said second series of notches or slots (306) being circumferentially offset relative to said first series of notches or slots (304).

6. The device of claim 5 wherein the notches or slots (304, 306) enable the distal end of said device to bend in multiple planes.

7. The device of any foregoing claim, further comprising a thin-walled flexible membrane covering said first series of slots or notches (104, 204, 304).

8. The device of any foregoing claim, wherein the hollow shaft (102, 202) comprises an elastic memory material.

9. The device of any foregoing claim, wherein:
   
   the rigid wire is adapted to straighten the distal end of the hollow shaft (102, 202) when inserted therein; and
   
   the rigid wire is adapted to allow the distal end of the hollow shaft (102, 202) to return to the preformed curvature when removed therefrom.

Patentansprüche

1. Vorrichtung (100, 200, 300) zum Durchbohren einer kortikalen Wand und Anbahnen des Zugangs zu einem spongiösen Wirbelkörper über minimal invasive perkutane Annäherung an den Wirbelkörper, wobei die Vorrichtung ausweist:

   einen hohlen Schaft (102, 202) mit einem proximalen Ende und einem distalen Ende mit einer ersten Reihe von Kerben oder Schlitzen (104, 204, 304) in einer Seite des Schafts (102, 202) nahe dem distalen Ende, wobei die Biegesteifigkeit des Schafts (102, 202) in dem Bereich der ersten Reihe von Kerben oder Schlitzen (104, 204, 304) derart verringert ist, dass das distale Ende des Schafts (102, 202), wenn der Schaft (102, 202) nicht gespannt ist, eine gekrümmte Beschaffenheit annimmt, wenn das distale Ende in die Spongiosa des Wirbelkörpers vorgerückt wird,

   dadurch gekennzeichnet, dass der Schaft (102, 202) ausreichend Festigkeit und Steifigkeit hat, wenn er von einem starren Draht, der ins Innere des Schafts (102, 202) eingerührt ist, beschränkt wird, um im Wesentlichen gerade zu bleiben, und um die kortikale Wand des Wirbelkörpers zu durchbohren.

2. Vorrichtung gemäß Anspruch 1, wobei das distale Ende eine abgeschrägte Spitze (105) hat, welche die seitliche gekrümmte Ablenkung des distalen Endes erleichtert.

3. Vorrichtung gemäß Anspruch 1 oder Anspruch 2, die feuer ein Betätigungselement (208) aufweist, das sich entlang einer Seite des Schafts erstreckt.

4. Vorrichtung gemäß Anspruch 3, wobei das Betätigungselement ein Kabel oder einen Draht (208) aufweist, der an das distale Ende angebunden ist, wobei das Ziehen des Kabels oder des Drahts (208) in die Richtung des proximalen Endes die seitliche gekrümmte Ablenkung des Schafts (202) bewirkt.


6. Vorrichtung gemäß Anspruch 5, wobei die Kerben
Vorrichtung gemäß einem der vorhergehenden An-
sprüche, die ferner eine dünnwandige flexible Mem-
bran aufweist, welche die erste Reihe von Schlitzen oder Kerben (104, 204, 304) aufweist.

8. Vorrichtung gemäß einem der vorhergehenden An-
sprüche, wobei der hohe Schaft (102, 202) ein ela-
stisches Speichermaterial aufweist.

9. Vorrichtung nach einem der vorhergehenden An-
sprüche, wobei;
der starre Draht geeignet ist, das distale Ende des hohlen Schafts (102, 202) zu begradigen, wenn er
in ihn eingeführt ist; und
der starre Draht geeignet ist, zuzuassen, dass das distale Ende des hohlen Schafts (102, 202) zu der
ausgeführten Krümmung zurückkehrt, wenn er dar-
aus entfernt ist.

Revendications

1. Dispositif (100, 200, 300) pour percer une paroi corti-
ciale et initier un accès dans un intérieur spongieux
d’un corps vertébral via une approche percutanée
minimale invasive sur le corps vertébral, ledit
dispositif comprenant :

une tige creuse (102, 202) ayant une extrémité proximale et une extrémité distale avec une pre-
mière série d’encoches ou de fentes (104, 204,
304) sur un côté de ladite tige (102, 202) à proxi-
mité de ladite extrémité distale,
dans lequel la rigidité de flexion de ladite tige
(102, 202) est réduite dans la région de ladite
première série d’encoches ou de fentes (104,
204, 304) de sorte que lorsque ladite tige (102,
202) n’est pas contrainte, ladite extrémité distale
de ladite tige (102, 202) prend une configuration
 incurvée au fur et à mesure que ladite extrémité
distale est avancée dans l’os spongieux du
corps vertébral,

caractérisé en ce que :

ladite tige (102, 202) a une résistance et une
rigidité suffisantes lorsqu’elle est contrainte par
un fil rigide inséré à l’intérieur de la tige (102,
202) pour rester essentiellement droite et pour
percer la paroi corticale dudit corps vertébral.

2. Dispositif selon la revendication 1, dans lequel ladite
extrémité distale a une pointe biseautée (105) qui
facilite la déflexion incurvée latérale de ladite extré-
mité distale.

3. Dispositif selon la revendication 1 ou la revendication
2, comprenant en outre un élément d’actionnement
(208) s’étendant le long d’un côté de ladite tige.

4. Dispositif selon la revendication 3, dans lequel ledit
élément d’actionnement comprend un câble ou fil
(208) qui est attaché au niveau de ladite extrémité
distale, moyennant quoi la traction dudit câble ou fil
(208) dans la direction de ladite extrémité proximale
provoque la déflexion incurvée latérale de ladite tige
(202).

5. Dispositif selon l’une quelconque des revendications
précédentes, comprenant en outre une deuxième
série d’encoches ou de fentes (306) sur un côté de
ladite tige à proximité de ladite extrémité distale, la-
dite deuxième série d’encoches ou de fentes (306)
étant décalée de manière circonférentielle par rap-
port à ladite première série d’encoches ou de fentes
(304).

6. Dispositif selon la revendication 5, dans lequel les
encoches ou les fentes (304, 306) permettent à l’ex-
trémité distale dudit dispositif de se courber dans
plusieurs plans.

7. Dispositif selon l’une quelconque des revendications
précédentes, comprenant en outre une membrane
souple à fine paroi recouvrant ladite première série
de fentes ou d’encoches (104, 204, 304).

8. Dispositif selon l’une quelconque des revendications
précédentes, dans lequel la tige creuse (102, 202)
comprend un matériau élastique à mémoire.

9. Dispositif selon l’une quelconque des revendications
précédentes, dans lequel :

le fil rigide est adapté pour redresser l’extrémité
distale de la tige creuse (102, 202) lorsqu’il est
inséré à l’intérieur de cette dernière ; et
le fil rigide est adapté pour permettre à l’extré-
mité distale de la tige creuse (102, 202) de re-
venir à la courbure préformée lorsqu’il est retiré
de cette dernière.
REFERENCES CITED IN THE DESCRIPTION

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Patent documents cited in the description